

Appetizers

Hummus Plain (Garlic or Spicy) | 10 *Vegan, GF*
Chickpea, Tahini, Fresh Lemon

Baba Ghannouj (Garlic or Spicy) | 10 *Vegan, GF*
Eggplant, Tahini, Fresh Lemon

Tabouli Salad | 10 *Vegan*
Parsley, Tomato, Onion, Bulghur, Fresh Mint,
Fresh Lemon, EVOO

Quinoa Tabouli Salad | 14 *Vegan*
Parsley, Tomato, Scallions, Quinoa,
Fresh Lemon, EVOO

Falafel | 10 *Vegan*
Chickpea and Fava Bean Croquettes

Grape Leaves | 10 *Vegan, GF*
Hand-Rolled Dolmades

Crispy Cauliflower | 11 *Vegan*
Harissa Aioli, Tahini Sauce

Fava Beans | 10 *Vegan*
Sautéed with garlic, lemon and EVOO

Moussaka | 11 *Vegan, GF*
Eggplant, Chickpea, Onion and Homemade Tomato Sauce

Seared Halloumi Cheese | 15 *V.GF*
Medjool Dates, Arugula and Watermelon Salad

Makanek | 14 *GF*
Sautéed Lamb Sausage, Lemon and Pine Nuts

Sujuk | 14 *GF*
Sautéed Beef Sausage with Tomato

Crunchy Calamari | 16
Green Apple, Torn Basil, Lime-Roasted, Garlic Emulsion

Shrimp Provençal | 14
Fresh Tomato, Shallots, Roasted Garlic, White Wine

Grilled Branzino | 18
Watercress Chimichurri, Grilled Pepper
and Red Onion Salad

Tzatziki | 10 *V.GF*
Homemade Yogurt, Cucumber, Garlic, Fresh Mint

Beef Kibbe | 12
Lean Beef Mixed with Bulgur Wheat

Meat Pie | 10
Beef, Tomato, Onion, Herbs

Spinach Pie | 10 *Vegan*
Spinach, Onion, Herbs

Cheese Pie | 10
Feta and Mozzarella Cheese

Feta Shankleesh | 10 *V*
Feta, Tomato, Onions and Dried Thyme

Labné (Cheese Spread) | 9 *V.GF*
Pasteurized Cheese Topped with Za'atar

Lima Beans | 10 *Vegan*
Cooked in a Tomato-Cilantro Sauce

Za'atar (Thyme) Panini | 10 *Vegan*
With Tomato and Pickles

Salads

Mediterranean Salad | 13 *V, GF*
Romaine Hearts, Cherry Tomato, Cucumber, Radish,
Onion, Lemon-Mint Dressing

Israeli Salad | 12 *V, GF*
Tomato, Cucumber, Red Onion, Parsley, Fresh Mint,
Lemon, EVOO

Greek Salad | 14 *V, GF*
Romaine Hearts, Cucumber, Tomato, Pepperoncini, Feta
Cheese, Red Onion, Balsamic Dressing

Romaine Brussel Sprout Caesar | 14 *V*
Shaved Parmesan, Shredded Brussel, Home-made Croutons,
Grape, Caesar Dressing

Beets & Berries | 15 *V, GF*
Beets, Arugula, Baby Spinach, Asparagus, Goat Cheese,
Walnuts, Red Wine Thyme Vinaigrette

Tex-Mex | 15 *Vegan, GF*
Romaine Hearts, Avocado, Black Beans, Corn, Scallions,
Celery, Chopped Parsley, Sundried Tomato, Shallot,
Garlic and Lemon Juice

Spicy Spinach | 16 *Vegan, GF*
Spinach, Artichokes Hearts, Brussels Sprouts, Avocado,
Radish, Shaved Jalapeño, Sundried Tomato,
Garlic-Lemon Dressing

Shaved Brussel Sprouts | 15 *Vegan, GF*
Toasted Pepitas, Dried Cranberries, Green Apple, Cheddar,
Shallots, Buttermilk Poppyseed Dressing

Crunchy Green & Red Cabbage | 14 *Vegan, GF*
Cabbage, Pear, Shaved Radish, Boiled Egg, Parsley, Carrot,
Miso Honey Tahini Dressing

Vegetable Quinoa | 14 *Vegan, GF*
Shredded Romaine, Asparagus, Peas, Pomegranate Seeds,
Grilled Red Peppers, Tomato, Cucumber, Lemon Vinaigrette

Roasted Carrot Avocado | 15 *Vegan, GF*
Baby Spinach, Hearts of Palm, Roasted Carrot, Red Onion,
Almond, Dried Apricot, Carrot-Ginger Dressing

Salad Add Ons

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|-----------------|---|----------------------|----|
| Organic Egg | 3 | Lamb or chicken Gyro | 7 |
| Avocado | 4 | Kafta Kebab | 8 |
| Falafel | 4 | Grilled Shrimp | 8 |
| Grilled Chicken | 7 | Wild Salmon | 10 |
| Chicken Kebab | 7 | Grilled Lamb Kebab | 10 |

Pasta

Rigatoni Bolognese | 24
Rich Braised Beef Ragout, Parsley, Whipped Ricotta

Spaghetti Marinara | 19 *Vegan*
Toasted Garlic

Entrées

Vegetarian Combo Platter | 20 *V*
Hummus, Baba Gannouj, Falafel, Lima Beans, Tabouli Salad

Vegetarian Couscous | 23 *V*
Stew Carrot, Potato, Zucchini, Chickpea, Celery, Turnips
With Chicken 26 | With Lamb Kebab 27 | With Merguez 26 | With Salmon 29

Myrna's Combo Platter | 23
Hummus, Baba Gannouj, Kibbe, Falafel,
Mediterranean Salad

Chicken Gyro Platter | 23
Served over Rice with Hummus, Tzatziki and Greek Salad

Lamb Gyro Platter | 24
Served over Rice with Hummus, Tzatziki and Greek Salad

Kafta Kebab Platter | 24
Two Skewers of Kafta Kebab (Keftedes), Grilled Vegetables
over Rice

Chicken Kebab Platter | 24
Two Skewers of Chicken, Grilled Vegetables over Rice

Lamb Kebab Platter | 27
Two Skewers of Lamb, Grilled Vegetables over Rice

Mixed Kebab Platter | 29
Chicken Kebab, Beef Kafta & Lamb Skewers, Served with
Vegetables over Rice

Grilled Lamb Chops | 32
Sautéed Spinach and Mashed Potato

Grilled Wild Salmon | 27 *GF*
Cauliflower Purée, Roasted Asparagus, Grapefruit,
Arugula Salad

Grilled Bronzino | 32 *GF*
Broccoli and Cauliflower Couscous, Basil,
Lemon Beurre Blanc

Sides

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| Sautéed Spinach | 8 | Cauliflower Rice | 7 |
| Sautéed Broccoli | 7 | Cauliflower Purée | 7 |
| Grilled Vegetables | 8 | Roasted Brussels Sprouts | 8 |
| Pearl Couscous | 8 | Sumac Homemade Fries | 7 |
| Vermicelli Rice | 6 | Greek Feta French Fries | 8 |
| Grilled Asparagus | 8 | Greek Lemon Potato | 7 |

Dessert

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| Baklava | 7 | Chocolate Cake | 7 |
| Halva | 6 | Cheese Cake | 7 |
| Fresh Fruit | 7 | Ashta Cream w/Fresh Berries | 8 |
| Ice Cream Chocolate or Vanilla | 7 | Knefe | 9 |

Beverages

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| Pana Water | 6 | Guava Juice, Mango Juice | 4 |
| Coke, Diet Coke, Ginger Ale | 4 | Fresh Iced Tea | 4 |
| S. Pellegrino | 7 | Fresh Lemonade | 4 |
| Lebanese Coffee (Turkish) | 4 | Fresh Hot Mint Tea | 4 |
| American Coffee | 3 | Herbal Tea | 4 |

Bon Appetit!

Lunch Express Menu

Myrna's Healthy Combos

For GLUTEN-FREE – Substitute Rice for Organic Quinoa or Brown Rice – Add \$3

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|-------------------------------------|---|----|
| Protein Combo | Avocado, Hummus, Falafel, Tomato and Cucumber Salad, Boiled Egg | 14 |
| Vegetarian Combo | Hummus, Baba Ghannouj, Falafel, Lima Beans and Tabouli Salad | 14 |
| Falafel Combo | Served over Rice with Hummus and Tabouli Salad | 14 |
| Grilled Chicken Combo | Served over Rice with Hummus and Tabouli Salad | 14 |
| Chicken Kebab Souvlaki Combo | Served over Rice with Hummus and Tabouli Salad | 15 |
| Chicken Gyro Combo | Served over Rice with Hummus and Tabouli Salad | 14 |
| Lamb Meat Gyro Combo | Served over Rice with Hummus and Tabouli Salad | 15 |
| Lamb Kebab Combo | Served over Rice with Hummus and Tabouli Salad | 17 |
| Beef Kafta Kebab Combo | Served over Rice with Hummus and Tabouli Salad | 15 |
| Beef Kibb  Combo | Served over Rice with Hummus and Tabouli Salad | 15 |
| Shrimp Combo | Served over Rice with Hummus and Tabouli Salad | 17 |
| Wild Salmon Combo | Served over Rice with Hummus and Tabouli Salad | 19 |

Myrna's Healthy Salads

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| Falafel Salad | Mediterranean Salad with Lentils, Falafel & Tahini | 15 |
| Organic Mesclun Salad | with Grilled Chicken, Chicken Kebab or Lamb Gyro Meat | 15 |
| Mediterranean Salad | with Grilled Chicken, Chicken Kebab or Lamb Gyro Meat | 15 |
| Greek Salad | with Grilled Chicken, Chicken Kebab or Lamb Gyro Meat | 15 |
| Israeli Salad | with Grilled Chicken, Chicken Kebab or Lamb Gyro Meat | 15 |
| Caesar Salad | with Grilled Chicken, Chicken Kebab or Lamb Gyro Meat | 15 |
| Cabbage Salad | with Grilled Chicken, Chicken Kebab or Lamb Gyro Meat | 15 |
| Avocado Salad | with Grilled Chicken, Chicken Kebab or Lamb Gyro Meat | 15 |
| Fresh Beet Salad | with Grilled Chicken, Chicken Kebab or Lamb Gyro Meat | 16 |
| Fresh Mozzarella Salad | with Grilled Chicken, Chicken Kebab or Lamb Gyro Meat | 15 |
| Quinoa Salad | with Grilled Chicken, Chicken Kebab or Lamb Gyro Meat | 16 |
| Shrimp Salad | Mesclun, Shrimp, Tomato, Roasted Peppers, Avocado, Lemon Vinaigrette | 16 |
| Wild Salmon Salad | Romaine Hearts, Tomato, Cucumber, Quinoa, Lemon Vinaigrette | 17 |



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|--------------------|---|---------------------------|---|----------------------------|---|--------------------------|---|
| Feta Cheese | 3 | Lentil With Rice | 4 | Lamb Gyro Meat | 7 | Grilled Chicken | 7 |
| Avocado | 4 | Organic Brown Rice | 4 | Lamb Kebab Souvlaki | 8 | Chicken Gyro Meat | 6 |
| Falafel | 4 | Organic Quinoa | 4 | Grilled Shrimp | 8 | Chicken Kebab | 7 |
| Organic Egg | 3 | Grape Leaves (Veg) | 4 | Wild Salmon | 8 | Beef Kafta Kebab | 7 |

Pita Wraps

Fresh, Low Calorie & Fat-Free

WHOLE-WHEAT WRAP OR GLUTEN-FREE WRAP ADD \$1

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| Egg Salad Sandwich | with Shredded Romaine | 10 |
| Chicken Salad Sandwich | with Shredded Romaine | 11 |
| Tuna Salad Sandwich | Lettuce, Tomato and Onion | 10 |
| Avocado Pita Wrap | Hummus, Spinach, Tomato and Cucumber | 12 |
| Falafel Pita Wrap | Hummus, Lettuce, Tomato, Pickles and Tahini | 11 |
| Falafel Deluxe Pita Wrap | Hummus, Tabouli Salad and Tahini | 12 |
| Falafel/Eggplant Pita Wrap | Roasted Eggplant, Tabouli Salad and Tahini | 12 |
| Lamb Gyro Pita Wrap | Hummus, Lettuce, Tomato, Onion and Tzatziki | 12 |
| Lamb Shawafel Pita Wrap | Lamb Gyro Meat, Falafel, Hummus, Lettuce and Tzatziki | 12 |
| Lamb Kebab Souvlaki Pita Wrap | Hummus, Lettuce, Tomato and Onion | 15 |
| Kafta Kebab Pita Wrap | Hummus, Lettuce, Tomato and Tzatziki | 13 |
| Myrna's Chicken Pita Wrap | Garlic, Pickles and Homemade French Fries | 12 |
| Chicken Gyro Pita Wrap | Hummus, Lettuce, Tomato, Onion and Tzatziki | 11 |
| Chicken Caesar Pita Wrap | Lettuce, Parmesan Cheese & Caesar Dressing | 11 |
| Grilled Chicken Avocado Pita Wrap | Bacon, Lettuce, Tomato and Chipotle Mayo | 13 |
| Grilled Chicken with Fresh Mozzarella Pita Wrap | Roasted Peppers, Lettuce, Tomato and Pesto | 13 |
| Chicken Kebab Souvlaki Pita Wrap | Hummus, Lettuce, Tomato and Tzatziki | 12 |
| Chicken Kebab Deluxe Pita Wrap | Hummus, Tabouli Salad and Tzatziki | 12 |
| Chicken Falafel Pita Wrap | Hummus, Tabouli Salad and Tzatziki | 12 |
| Greek Chicken Pita Wrap | Lettuce, Tomato, Onion, Feta, Olives, Balsamic Dressing | 12 |

Paninis

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| Grilled Vegetable Panini | Caramelized Onions, Eggplant, Squash, Chimichurri Sauce | 13 |
| Eggplant Mozzarella Panini | with Tomato and Basil Sauce | 13 |
| Grilled Chicken Panini | Avocado, Honey Mustard, Tomato and Fresh Mozzarella | 14 |
| Chicken Goat Cheese Panini | with Roasted Vegetables | 14 |